

Professional Fire Fighters of Wisconsin Charitable Foundation

Date: Wednesday, November 2nd, 2022
To: Wisconsin Fire and EMS Personnel
From: Michael Wos, Executive Director
Subject: **2022 Mental Health Survey for all Wisconsin Fire and EMS Personnel – Please Distribute**

Over the last three years, the Professional Fire Fighters of Wisconsin (PFFW), Professional Fire Fighters of Wisconsin Charitable Foundation (PFFWCF), and Rogers Behavioral Health Research Center have been collaborating on a couple projects and grants focusing on first responder mental health. Our goal is to measurably improve the Mental Health (MH) of Wisconsin public safety personnel.

Our first step is obtaining baseline data and measuring our progress overtime. Please complete this year's confidential survey and consider doing what you can to maximize participation within your agency before the end of the year. Preferably through department email with regular reminders or as assigned training. The survey is expected to take no more than 5-10 minutes.

Link to: [Wisconsin Fire Fighter Mental Health Survey
https://bit.ly/3FKd1tf](https://bit.ly/3FKd1tf)

QR CODE:



To create as much opportunity to complete the survey as possible, this communication and QR code may also be printed and posted in your agency. Flyers to post along with survey results and upcoming mental health class offerings are posted on our website (www.pffwcf.org) under the fire fighter support tab. You may also see this survey delivered in other ways, please only complete this survey once.

Survey Attestations

The Wisconsin Fire Fighter Mental Health Survey questions were designed in collaboration between the Professional Fire Fighters of Wisconsin Charitable Foundation (PFFWCF) herein referred to as the Fire Fighters Foundation and Rogers Behavioral Health Research Center. The objective of this questionnaire is to assess the need and quantify opportunities for improvement and innovation in the early awareness, treatment, and social acceptance of seeking behavioral health support for firefighters. Responses are completely anonymous and cannot be traced to you. Data is collected by Rogers and will be shared with the Fire Fighters Foundation. Data summaries may be used in publications or program proposals intended to improve mental health and addiction services for first responders. Should any of these questions trigger thoughts or emotions for which you would like support, please contact your city or Department Employee Assistance Program (EAP) or the Professional Fire Fighters of Wisconsin (PFFW) Member Assistance Program (MAP), or if this is an emergency and you need immediate assistance contact the Substance Abuse and Mental Health Services Administration (SAMHSA) national helpline at 1-800-662-HELP (4357) or <https://www.samhsa.gov/find-help/national-helpline>.

As you well know; health, safety, and wellness are a concern for all public safety personnel. Thank you for taking the time to help us make a difference for all of us. If you have any questions, please do not hesitate to contact us.

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